

**State of Indiana**

Department of Correction

Division of Medical and Clinical Healthcare Services

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204**Facility: CIC**

PATIENT: JONATHAN RICHARDSON  
DATE OF BIRTH: [REDACTED]  
DOC #: 127630  
DATE: 07/22/2019 10:00 AM  
HISTORIAN: self  
VISIT TYPE: Onsite Consult

**Individual Counsel/Psych Prog Note****General**

Program Name: Outpatient

Start time: 10:00 AM

End time: 00 hours, 35 minutes

Duration: 00 hours, 35 minutes

**Individuals Present/Support Resources**

Contact type:

Onsite

Individual present.

**MENTAL STATUS EXAM****GENERAL OBSERVATIONS:**

Generally normal

Appearance: Within normal limits

Build/Stature: Within normal limits

Posture: Within normal limits

Eye Contact: Average

Activity: Within normal limits

Attitude toward examiner: Cooperative

Attitude toward parent/guardian: Not Applicable

Separation (for children/adolescent): Not applicable

**MENTAL STATUS:**

Unremarkable

Mood: Euthymic

Affect: Full

Patient Name: RICHARDSON, JONATHAN

ID: 127630 Date of Birth: [REDACTED]

Page 102 of 531

Encounter Date: 07/22/2019 10:00 AM

**Exhibit 62**

Witness \_\_\_\_\_

Date \_\_\_\_\_ SL

STATE000592

Speech: Clear  
Thought process: Logical  
Perception: WNL  
Hallucination: Denied None evidenced  
Thought content: Within normal limits  
Delusions: None Reported  
Cognition: Within normal limits  
Intelligence estimate: Average  
Insight: Within normal limits  
Judgment: Within normal limits

### **Subjective Information**

Individual's report of progress towards goals/objectives since last session:

Ofd. seen for scheduled follow-up therapy. He came with a health care request in hand, #127630, dated today but not screened by nursing because it had not been turned in. He says "I would like to request estrogen treatments, for my transgender needs." He claims that he has felt for a long time as if he is not in the right body, and he claims to have aluded to this and considered revealing it multiple times over the recent past. (continued below)

New issues/stressors/extraordinary events presented today: New issue, CA/IAP update required

Explanation: He pointed to his tattoos of women around his face and arms, saying that this is evidence of his feminine identity. He also shaved his face for the first time in years before this appointment, again by his report related to his transgender identity. Although his initial report was unclear regarding when he first began to identify as a transwoman, he indicates that it goes back some time. He claims that his eventual goal is full transition, including sexual reassignment surgery. He believes that engaging in this transition will help him to cope with the discomfort and distress that he has experienced as a result of having to keep this identity secret.

### **Goals, Objectives, and Interventions Addressed Today**

<b>Goal Today</b>	<b>Objective Today</b>
Determine whether the offender meets criteria for gender dysphoria / determine appropriate treatment	Gather history and report of past and present symptoms that may support a diagnosis of gender dysphoria

#### **Interventions/Methods Provided:**

Psychologist listened actively to the offender's concerns regarding transgender identity and his wish to begin the process of transitioning. Explored questions with the offender regarding the timing of this revelation, his perceptions of how things may change for him if treatment for gender dysphoria is started, and his long term goals and ideas. Educated the offender about the process of gender dysphoria evaluation and treatment through IDOC in order to set appropriate expectations.

#### **Response to Interventions/Progress Toward Goals and Objectives:**

Offender appeared comfortable and confident expressing transgender identity and the desire to begin to transition to life as a woman.

### **Current Assessment**

Individual's progress: Some progress

#### **Assessment:**

Anxiety is not significant. Cognitive issues are not significant. Substance abuse/dependence is not significant. Depression is not significant. Impulse control is not significant. Psychotic symptoms are not significant. Suicidality is not significant. Mania/manic behavior is not significant. Patient is responding to treatment plan. The patient is compliant with the treatment plan. The patient is cooperative and communicative.

**Risk Assessment****CURRENT ENCOUNTER****Risk Assessments**

Patient denies suicidal ideation, plan, intent, and/or attempt.

Patient denies property damage ideation, plan, intent, and/or attempt.

Patient denies homicidal ideation, plan, intent, and/or attempt.

**RISK ASSESSMENT HISTORY**

Risk	Current	Past	Documented	Event Date	Approximate Date	Ideation	Plan	Intent	Scale
Suicide	Denies		07/22/2019	07/22/2019	No				
Property	Denies		07/22/2019	07/22/2019	No				
Homicide	Denies		07/22/2019	07/22/2019	No				

Attempt	Planned/ Impulsive	Drug/Alcohol Influenced	Medically Treated	Plan Attempt	Description
---------	-----------------------	----------------------------	----------------------	--------------	-------------

**SAFETY MANAGEMENT PLAN**

No currently expressed suicidal or homicidal ideation or intent. No current need for safety plan.

**Assessment/Diagnosis****AXIS IV**

Severity: Moderate

Problem Type	No/Yes	Description
Primary Support Group	Yes	Very little external support
Social environment	Yes	Difficulty Trusting Others - suspicious - isolates
Legal system/crime	Yes	Incarcerated

**AXIS V**

Current GAF: 65

Date: 07/22/2019.

Highest GAF: 68

Date: 03/07/2019.

**Plan and Additional Information**

Date	Order Description
07/29/2019	MHP follow-up for Ind Tx / GD Eval

**Plan/Additional Information:**

Will continue to meet with offender to gather additional information regarding the duration of transgender identity, the challenges and difficulties, both internal and external, that this issue has caused, and to determine whether a diagnosis of gender dysphoria appears appropriate and treatment is indicated.

**SIGNATURES**

Staff: Signed by Richard J. Gale, PsyD, HSPP on 07/26/2019

**Behavioral Health Billing**

Start time: 10:00 AM  
End time: 10:35 AM  
Duration: 00 hours, 35 minutes  
Modifier: N/A

*Document generated by: Richard J. Gale, PsyD 07/26/2019 10:06 AM*

Indiana Government Center South  
302 W. Washington Street  
Indianapolis, IN 46204